

4³/₄
BACK COVER

4³/₄
FRONT COVER

In Tune with Teaching Standards
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- 01 Good Morning
- 02 Organize
- 03 Cross Lateral Movements (work both sides of the brain)
- 04 Relax
- 05 Body Preparation (warm-up stretches)
- 06 Test Ready
- 07 Stack Up, Pack Up, Trash Up
- 08 Conflict Resolution (Problem Solving)
- 09 Quick Transition 1 (do watcha gotta do)
- 10 Quick Transition 2
- 11 Quick Transition 3



For a complete list of standards-based titles and instructional resources please visit musicallyaligned.com

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Songs
to help
mentally
and
physically
prepare
students
for the
school day

4²³/₃₂